

September 2023

Garrett County Board of Education—Food & Nutrition Breakfast & Lunch Menu

Mon	Tue	Wed	Thu	Fri
	<p>5</p> <p>Chicken Nuggets Pizza Fresh Vegetables Pears Italian Ice</p> <p>Cereal Bar, Cereal, Raisins, Orange Juice, Milk</p>	<p>6</p> <p>Waffles & Sausage Patties Chicken Patty Sandwich Tater Tots Applesauce Cup Juice</p> <p>Super Bun, Cereal, Banana, Peach Cup, Milk</p>	<p>7</p> <p>Spaghetti Pizza Tossed Salad Orange Wedges Corn</p> <p>Breakfast Pizza, Cereal, Mandarin Orange Cup, Orange Fruit Juice, Milk</p>	<p>8</p> <p>Steak & Cheese Sliders Pepperoni Roll French Fries Mixed Fruit Baked Beans</p> <p>Yogurt, Cereal, Strawberry Cup, Apple Juice, Milk</p>
<p>11</p> <p>Fish Sandwich Yogurt Parfait Chicken Nuggets Sweet Potato Fries Pears Mixed Vegetables</p> <p>Whole Grain Donut, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>12</p> <p>BBQ Chicken Nut & Cheese Bistro Box Pizza Mashed Potatoes Pineapple Green Beans</p> <p>Sausage Biscuit, Cereal, Craisins Fruit Juice, Milk</p>	<p>13</p> <p>Macaroni & Cheese Chef Salad Chicken Patty Sandwich Peas Peaches French Fries</p> <p>Muffin, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>14</p> <p>Cheese Ravioli Nut & Cheese Bistro Box Pizza Tossed Salad Orange Wedges Roasted Vegetables</p> <p>Waffle, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>15</p> <p>Walking Tacos Chef Salad Pepperoni Roll Carrot Sticks Mixed Fruit Rice Krispy Treat</p> <p>Cinnamon Roll, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>18</p> <p>Corn Dog Yogurt Parfait Chicken Nuggets Mixed Vegetables Peaches French Fries</p> <p>Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</p>	<p>19</p> <p>Nachos Grande Pizza Bistro Box Pizza Tossed Salad Strawberry Applesauce Corn</p> <p>Breakfast Bites, Applesauce Cup, Grape Juice, Milk</p>	<p>20</p> <p>Hot Dog Mixed Greens w/ Chicken Salad Chicken Patty Sandwich Broccoli Pineapple Tater Tots</p> <p>Super Bun, Cereal, Banana, Peach Cup, Milk</p>	<p>21</p> <p>BBQ Sandwich Pizza Bistro Box Pizza Carrot Sticks Pears Ice Cream Cup</p> <p>Breakfast Pizza, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</p>	<p>22</p> <p>Hamburger Mixed Greens w/ Chicken Salad Pepperoni Roll Oven Roasted Potatoes Mixed Fruit Baked Beans</p> <p>Yogurt, Cereal, Strawberry Cup, Apple Juice, Milk</p>
<p>25</p> <p>Grilled Cheese Sandwich Yogurt Parfait Chicken Nuggets Broccoli Peaches Tomato Soup</p> <p>Whole Grain Donut, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>26</p> <p>Sloppy Joe Ham & Cheese Bistro Box Pizza Fresh Vegetables Pears Italian Ice</p> <p>Sausage Biscuit, Cereal, Craisins Fruit Juice, Milk</p>	<p>27</p> <p>Waffles & Sausage Taco Salad Chicken Patty Sandwich Tater Tots Applesauce Juice</p> <p>Muffin, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>28</p> <p>Spaghetti Ham & Cheese Bistro Box Pizza Tossed Salad Orange Wedges Corn</p> <p>Waffle, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>29</p> <p>Steak & Cheese Sliders Taco Salad Pepperoni Roll French Fries Mixed Fruit Baked Beans</p> <p>Cinnamon Roll, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>Bread Basket Offered Daily—includes saltines, graham crackers, animal crackers, roasted garbanzo beans</p>	<p>PB&J Offered Daily Yogurt & String Cheese Offered Daily</p>	<p>Fresh Fruit and Vegetable Basket Offered Daily</p>	<p>Milk is Offered Daily</p>	